

Nurturing The Heart

Abshir Mohamed

Al-Bayaan Academy - Friday 16th May 2025

إِنَّ لِلَّهِ عِبَادًا فُطِنَا
تَرَكُّوا الدُّنْيَا وَخَافُوا الْفِتْنَا

Verily to Allah belongs slaves with intellect — They divorced [left off]
this Dunyah and were afraid of Fitnah

نَظَرُوا فِيهَا فَلَمَّا عَلِمُوا
أَنَّهَا لَيْسَتْ لِحَيٍّ وَطْنَا

They looked into it [i.e this world] and upon realizing — That
indeed it is not an abode for the living [i.e everyone will come to
die]

جَعَلُوهَا لُجَّةً وَاتَّخَذُوا
صَالِحَ الْأَعْمَالِ فِيهَا سَفِينَا

So they perceived it as a stormy ocean [that would bring
destruction] and they took — Their good deeds as ships therein [in
order to survive]

وَلَا تُخْزِنِي يَوْمَ يُبْعَثُونَ

يَوْمَ لَا يَنْفَعُ مَالٌ وَلَا بَنُونَ

إِلَّا مَنْ أَتَى اللَّهَ بِقَلْبٍ سَلِيمٍ

And do not **disgrace** me on the Day all will be resurrected—the Day when neither **wealth** nor **children** will be of any benefit. Only those who come before Allah with a **pure heart** ‘will be saved’.”

“We should understand that the heart holds the supreme position in the human body. It is this organ **that recognises Allah and works to get Close to Allah** Other organs are its subordinates. The heart by its nature quests for the path of righteousness. It is true that whoever has recognised his heart has recognised Allah”

Abdur Rahman Ibn al-Jawzee
- Minhajul Qasideen

1. Shirk -

The Greatest Sin الشُّرْكُ أَكْبَرُ الذُّنُوبِ

عَنْ عَبْدِ اللَّهِ بْنِ مَسْعُودٍ رَضِيَ اللَّهُ عَنْهُ قَالَ:
سَأَلْتُ النَّبِيَّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ: أَيُّ الذَّنْبِ أَكْبَرُ عِنْدَ اللَّهِ؟
قَالَ: أَنْ تَجْعَلَ لِلَّهِ نِدًّا وَهُوَ خَلَقَكَ

Abdullah ibn Mas'ud (May Allah be pleased with him) said: "I asked The Prophet of Allah (Peace be upon him), 'Which sin is worst in the sight of Allah?' He said, 'To make any rival to Allah, when He has created you

1. Shirk

The Greatest Darkness/Oppression الشُّرْكُ أَكْثَرُ الظُّلْمِ

وَإِذْ قَالَ لُقْمَانُ لِابْنِهِ وَهُوَ يَعِظُهُ يَا بُنَيَّ لَا تُشْرِكْ بِاللَّهِ إِنَّ الشِّرْكَ لَظُلْمٌ عَظِيمٌ

And ‘remember’ when Luqmân said to his son, while advising him, “O my dear son! Never associate ‘anything’ with Allah ‘in worship’, for associating ‘others with Him’ is truly the worst of all wrongs.”

Surah Luqman - 13

1. Shirk

Whoever dies upon Shirk enters Hell **من مات على الشرك دخل النار**

إِنَّ اللَّهَ لَا يَغْفِرُ أَنْ يُشْرَكَ بِهِ وَيَغْفِرُ مَا دُونَ ذَلِكَ لِمَنْ يَشَاءُ ۚ وَمَنْ يُشْرِكْ بِاللَّهِ فَقَدْ افْتَرَىٰ إِثْمًا عَظِيمًا

Indeed, Allah does not forgive associating others with Him ‘in worship’, but forgives anything else of whoever He wills. And whoever associates others with Allah has indeed committed a grave sin. - Sarah Nisa - 48

عَنْ عَبْدِ اللَّهِ بْنِ مَسْعُودٍ قَالَ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ كَلِمَةً وَقُلْتُ أُخْرَىٰ قَالَ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ مَنْ مَاتَ وَهُوَ يَدْعُو مِنْ دُونِ اللَّهِ نِدًّا دَخَلَ النَّارَ

Abdullah ibn Mas'ud reported: The Prophet, peace and blessings be upon him, made a statement and I made another in his presence. The Prophet said, “Whoever dies while calling upon a partner besides Allah will enter the Hellfire.”

1. Shirk

Ones actions will not benefit him as long as he associates partners with Allah

لا ينفع مع الشرك عمل

وَقَدِمْنَا إِلَىٰ مَا عَمِلُوا مِنْ عَمَلٍ فَجَعَلْنَاهُ هَبَاءً مَّنْثُورًا ۚ ٢٣

Then We will turn to whatever 'good' deeds they did,
reducing them to scattered dust.

Surah Furqan - 23

يَا مُقَلِّبَ الْقُلُوبِ ثَبِّتْ قَلْبِي عَلَى دِينِكَ

Shahr bin Hawshab said:

“I said to Umm Salamah: ‘O Mother of the Believers! What was the supplication that the Messenger of Allah (ﷺ) said most frequently when he was with you?’ She said: ‘The supplication he said most frequently was: “O Changer of the hearts, make my heart firm upon Your religion (Yā Muqallibal-qulūb, thabbit qalbī `alā dīnik).” She said: ‘So I said: “O Messenger of Allah, why do you supplicate so frequently: ‘O Changer of the hearts, make my heart firm upon Your religion.’ He said: ‘O Umm Salamah! Verily, there is no human being except that his heart is between Two Fingers of the Fingers of Allah, so whomsoever He wills He makes steadfast, and whomever He wills He causes to deviate.’”